



# women aware

MOVING BEYOND ABUSE

<https://middlesexcountyfjc.org/news-event/middlesex-county-domestic-violence-conference/>

Requests for accommodation for disabilities can be made at the time of registration.

The Middlesex County Domestic Violence Conference is open to Social Workers of all levels.

Training Sessions:

**1. Title:** *Coercive Control: Beyond the Violent Incident Model*

**2. Course Description:**

Looking through the “violent incident model” does not give us the full picture of how and why abuse occurs: Abuse is about exerting power over another - coercive control. Coercive control is the underpinning of abuse and understanding the circumstances of your clients will help you to better prepare for how the system is often used to further harm these individuals. Learn how coercive control is inflicted upon victims-survivors and how perpetrators attempt to further wield the court system to wield legal abuse.

*This evidence-based training will fully support you as you navigate these challenging cases, often incorrectly referred to as “high conflict.”*

Total continuing education credits available: 1.5 Clinical CE hours

**3. Learning Outcomes:**

After this training you’ll be able to:

- Develop or create a greater understanding of Coercive Control and the tactics used by Coercive Controllers [abusers] to harm adult and child victims.
- Establish an understanding of the ways coercive control shows up in the legal and other systems.
- Discuss improved strategies to help victims better navigate legal and criminal justice landscapes.

**1. Title:** *Neurobiology of Trauma*

**2. Course Description:**

This presentation will provide foundational understanding of how trauma and stress impact the brain. Triune Brain Theory and Polyvagal Theory will help participants conceptualize the biology of threat and safety. Trauma-Informed Systems and Care will be reviewed along with a case study for participants to apply new concepts. Emphasis will be placed on application to law enforcement, judges, and other community partners to more effectively understand behaviors and decision making related to domestic violence as well as ways to manage vicarious trauma.



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### **3. Learning Outcomes:**

After this training you'll be able to:

- Describe the various forms of power and control dynamics.
- Identify neurobiological trauma responses and their respective emotional and physiological symptoms.
- Assess for Trauma-Informed practices within their setting.
- Implement self-care strategies to combat vicarious trauma.

*Please contact Women Aware at 732-249-4900 for information about continuing education credits for social workers.*